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Female Athlete of the Week

Allison Boden - Lakeside

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When the other girls on the Lakeside girls' golf team are in need of leadership, there is one place head coach Greg Lester looks first.

Senior Allison Boden led the team all season, including a team-low round of 86 at the GHSA Girls' Golf Championships at Jekyll Island last week.

"I always tell the girls the difference between a good player and a great player is being able to get in that 'zone'," Lester said. "(Allison) is able to be in that zone from the first tee to the 18th tee. She definitely has very good tunnel vision."

Boden tied for first in the DeKalb County Tournament with a score of 92. She placed fourth at regionals with a 105 and she was Lakeside's low scorer with an 86 at state. Lester said Boden excels at more than golf.

"Overall, she is a great player, but more importantly, she leads by example in the classroom as well," he said.

Boden and her two sisters, Lauren and Stephanie, are triplets. Lauren was named valedictorian for Lakeside's Class of 2010, and Allison and Stephanie were named cosalutatorians.

"To be able to balance that with excelling at softball, basketball and golf is amazing," Lester said.

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Allison Boden said she did whatever she could to help Lakeside win. She will continue her career at Pomona College in Claremont, Calif., next year.

"I am really excited because I have been playing sports year-round for pretty much my whole life. It would have been a huge difference to stop playing altogether," she said.







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